

Handwashing and Infection Prevention Campaign Materials

Free copies of some literature are available from the Missouri Department of Health and Senior Services (DHSS) warehouse.

Items can be ordered using the **order form** at <http://health.mo.gov/living/families/handwashing/pdf/LiteratureOrder.pdf>.

Literature numbers to be used for ordering literature are listed under each item below.

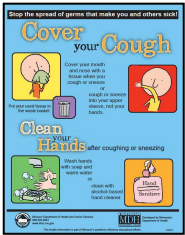
Wash Your Hands (flyer/poster) [English](#), [Spanish](#), [Bosnian](#),
English laminated, 8½"x11"



English laminated
#297
Spanish #238

This flyer/poster provides brief instructions on proper handwashing. It is appropriate for use with all audiences to encourage good handwashing habits at all times. Display the poster in all restrooms and food-preparation areas, use as a handout in awareness displays/activities or attach to newsletters/bulletins. **The Bosnian and Spanish versions are only available in electronic format.**

Cover Your Cough/Clean Your Hands (flyer/poster)
[English/Spanish](#), 8½"x11"



English/Spanish
#1031

Good health habits like covering your cough and washing your hands can help prevent respiratory illnesses such as the flu. This flyer/poster provides brief instructions on the proper etiquette for covering your cough and handwashing. It is appropriate for all audiences. It is two-sided with English on one side and Spanish on the other. A CDC version of this poster can be found at <http://www.cdc.gov/flu/protect/covercough.htm>.

Stay home if you are sick! (flyer/poster) [English](#), [Spanish](#), and [Bosnian](#), 8½"x11" and 11"x14"



English
#1034 8½"x11"
#1030 11"x14"

This flyer/poster promotes staying home when sick. It is intended for all worksites and particularly clinical and residential care settings. It could be posted in employee break areas, made available as a handout for community awareness displays/activities, and handed out during employee orientations. The English version is available in two sizes. **The Spanish and Bosnian versions are only available in electronic format.**

Dirty Hands Spread Disease WASH THEM! (sticker)
English, 2"x 11"



English #466

This sticker promotes handwashing. It can be given as a promotional item in awareness campaigns. It can also be placed on mirrors in public restrooms.

WHACK the Flu (flu prevention program) [5-minute Skit](#), [12-page Activity Booklet](#), **Classroom posters** English 8½"x11" and 11"x17", Spanish 8½"x11" and 11"x17",



[Bookmark](#), [Program Description](#) 8½"x11", [Teacher Evaluation](#)

Missouri students can learn how to keep from getting—and spreading—the flu this season. The **WHACK the Flu** school health flu prevention education program is now available with downloadable educational materials such as a skit, song, activity booklet, posters, etc. for pre-K–5 classrooms. The program teaches young students how to help protect themselves and others from illness by using effective hygiene habits, such as washing hands appropriately and covering their coughs and sneezes. Older students, school staff, or community volunteers can be recruited and trained to perform the fun 5-minute classroom skit. For more information, go to www.health.mo.gov/living/healthcondiseases/communicable/influenza/whack or contact Alyce Turner at Alyce.Turner@health.mo.gov.

Order Form

Skit #772

Activity Booklet
#1005

Bookmark

English #978

Spanish #187

Classroom Poster

#765 11"x17"

#977 8½"x11"

Spanish

#171 8½"x11"

Program

Description

#984

Evaluation Form

#982

Sticker

#981

Dirty Hands Spread Disease Wash Them! (magnet)

English, 2"x 3½"



English #952

This magnet promotes handwashing. It can be placed on refrigerators, on stall doors in public restrooms, on metal cabinets in food preparation areas and in offices on metal file cabinets. It can also be given as a promotional item in awareness campaigns.

Public Health Message E-cards



E-cards are electronic postcards that send public health messages in the click of a button. All you need is an e-mail address (or a group contact list) to send a personalized health message directly to cell phones or personal computers. They can be found on the DHSS website at health.mo.gov/ecard/index.php.

Stop Help Protect Our Residents! (flyer/poster)

[English/Spanish](#), 8½"x11"



English/Spanish

This flyer/poster promotes effective cough etiquette and handwashing to reduce the spread of germs. It can be posted in entrances and public use settings in long-term care residential facilities. It is printed with English on one side and Spanish on the other. **It is only available in electronic format.**

Stop Help Protect Our Patients! (flyer/poster)

[English/Spanish](#), 8½"x11"



English/Spanish

This flyer/poster promotes effective cough etiquette and handwashing to reduce the spread of germs. It can be posted in entrances and public use settings in hospitals, clinics and other clinical facilities. It is printed with English on one side and Spanish on the other. **It is only available in electronic format.**

Healthy Swimming: Protect Yourself and Your Family Against Recreational Water Illnesses (brochure)

[English](#) and [Spanish](#)



English #280
Spanish #203

Many people have become sick from germs found in contaminated recreational water. This brochure provides six steps to protect against recreational water illnesses and three steps for water safety. This brochure should be made available at pools, recreation centers, and water parks. More information can be found at health.mo.gov/safety/recreationalwater. A poster showing the six steps can be found on the CDC website at www.cdc.gov/healthywater/pdf/swimming/resources/six-steps-healthy-swimming-poster.pdf.

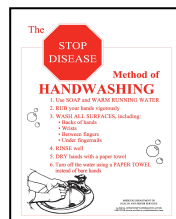
Scrub Club (website)



This website on germs and hygiene was developed by NSF International, a not-for-profit, non-government agency. It is targeted to school-age children and includes learning games and lesson plans. Although characters are copyrighted, NSF International has given permission on their website for the characters to be used in publications and schools as long as NSF International is credited. The Scrub Club website can be found at www.scrubclub.org.

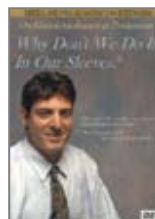
The STOP DISEASE Method of HANDWASHING

(flyer/poster) [English](#), 8½"x11"



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Why Don't We Do It In Our Sleeves? (video) 3 minutes



Are you still coughing and sneezing the way they did during the plague? Then you need this 3-minutes video that punches out a serious message that people will remember. The video produced by ORL Productions can be viewed at coughsafe.com/media.html. The video can be purchased by going to coughsafe.com/purchase.html. The price is \$15.00 per DVD for a minimum order of ten DVDs. Price includes shipping and handling. Discounts are available for larger quantities.

Do you feel sick? STOP (Poster for businesses)

8½"x11" and 18"x24"



The first poster can be displayed at workplace entrances to remind sick employees to go home. **It is only available in electronic format.** The poster is part of a CDC toolkit titled, "Preparing for the Flu: A Communication Toolkit for Businesses and Employers." The toolkit can be found at <http://www.flu.gov/professional/business/toolkit.html>.

Do you feel sick? STOP (Poster for schools)

8½"x11" and 18"x24"



The second poster can be displayed at school entrances to remind sick students to inform their teacher or school nurse if they are feeling ill. **It is only available in electronic format.** The poster is part of a CDC toolkit titled, "Preparing for the Flu: A Communication Toolkit for Schools (Grades K-12)." The toolkit can be found at <http://www.flu.gov/professional/school/toolkit.html>.



July 2011